Early Years Allergen Chart August 2024

Soups

Soups	Allergens contained in dish	Allergens that may be present
Lentil Soup	celery	Not applicable
Potato & Leek Soup	celery	Not applicable
Tomato Soup	celery	Not applicable
Vegetable Soup	celery	Not applicable

Main options

Main Options	Allergens contained in dish	Allergens that may be present
Cheese Pizza	gluten, milk	Not applicable
Chicken Burger	gluten	eggs, milk, soya
(Plain)		
Chicken Curry & Rice	Not applicable	gluten
Fried Fish	gluten, fish	Not applicable
Macaroni Cheese	gluten, milk	mustard
Meatballs in Gravy	celery, gluten	soya sulphur dioxide
Mince	gluten	celery
Pasta Bolognaise	gluten	celery
Pork Sausages in	celery, gluten, sulphur dioxide	Not applicable
Gravy		
Quorn Curry	egg	gluten
Roast Chicken	celery, gluten	Not applicable
Salmon Fish Fingers	fish	Not applicable
Tomato Pasta	celery, gluten	Not applicable

Sandwiches, Rolls and Wraps

Sandwiches Rolls	Allergens contained in dish	Allergens that may be present
Toasties		
Cheese Roll	gluten, milk	eggs, soya
Cheese Sandwich	gluten, milk, soya	Not applicable
Chicken Sandwich	gluten, soya	Not applicable
Egg Mayonnaise Sandwich	gluten, egg, milk, mustard, soya	Not applicable
Roll & Chicken	gluten	eggs, milk, soya
Tuna Mayonnaise Roll	gluten, eggs, fish, milk, mustard	ѕоуа
Tuna Mayonnaise Sandwich	gluten, eggs, fish, milk, mustard, soya	Not applicable
Tuna Mayonnaise Wrap	gluten, eggs, fish, milk, mustard, soya	Not applicable
Turkey Sandwich	gluten, soya	Not applicable

Sides/bread

Sides/Bread	Allergens contained in dish	Allergens that may be present
Baby Jacket	Not applicable	Not applicable
Potatoes		
Bread for Soup	gluten, soya	Not applicable
Chips	Not applicable	Not applicable
Coleslaw	eggs, milk, mustard	Not applicable
Creamy Potatoes	Not applicable	Not applicable
Crusty Bread	gluten	eggs, milk, nuts, peanuts, sesame,
		soya
Garlic Bread	gluten	eggs, milk, nuts, peanuts, sesame,
		soya
Herb Potatoes	Not applicable	Not applicable
Potato Wedges	Not applicable	Not applicable
Mixed Salad	Not applicable	Not applicable

Sweet of the day

Sweet of the Day	Allergens contained in dish	Allergens that may be present
Angel Delight	milk	Not applicable
Cookie	gluten	Not applicable
Custard	milk	Not applicable
Fruit Jelly	Not applicable	Not applicable
Fruit Platter	Not applicable	Not applicable
Sponge	gluten, egg	milk
Yogurt	milk	Not applicable

Drink

Drink	Allergens contained in dish	Allergens that may be present
Milk	milk	Not applicable